

MERACH MR- 2465 Platform (white)



Model: MR-2465B1-EU

Manufacturer: MERACH

EAN: 5905156105812

Product Code: 1088872

R1,700

MERACH MR-2465 Platform (white)

The MERACH MR-2465 is a training platform that allows you to engage your arms, waist, abs, legs, glutes, and core muscles during a single workout. The design, featuring two pedals and integrated resistance cables, enables you to perform a variety of exercises at home without the need for multiple pieces of equipment. The device supports a weight capacity of up to 136 kg, weighs 3.7 kg, and measures 40 x 34.5 x 13 cm, so it doesn't take up much space and is easy to store. An additional advantage is its quiet operation at around 40 dB, allowing you to exercise at any time of day.

Full-body workout on a single platform

The platform allows you to strengthen multiple muscle groups simultaneously. During exercises, the abdominal, waist, arm, leg, gluteal, and core muscles are engaged, allowing you to diversify your daily routine and perform a comprehensive workout at home. Integrated resistance bands further

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engage the upper body and expand exercise possibilities.

Stability that gives you confidence

The device is equipped with two footrests that ensure a more stable stance during your workout. The frame, with a weight capacity of up to 136 kg, is designed for safe and comfortable use. Four non-slip pads and a textured surface improve traction and help you maintain balance during exercises.

Quiet workouts at any time

The noise level is approximately 40 dB, allowing you to exercise without disturbing others in the home. You can work out in the morning, evening, or while others are resting. This is a practical solution for those who want to exercise regularly at home.

Compact design, easy storage

The MERACH MR-2465 doesn't take up much space, making it ideal for small rooms. After your workout, you can conveniently store the platform in a closet, under a bed, or in a corner of the room. Its light weight (3.7 kg) makes it easy to move.

Sure footing and greater comfort

The dual anti-slip system enhances safety during exercise. The textured surface provides good foot grip while gently massaging the feet. This makes your workout more comfortable and stable.

Manufacturer	MERACH
Model	MR-2465B1-EU
Type	Twist platform / Waist Twister
Maximum user weight	136 kg
Noise level	40 dB

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Features	Full-body workout, integrated resistance bands, dual-pedal design, non-slip surface, non-slip caps
Diameter	34.5 cm
Dimensions	40 x 34.5 x 13 cm
Weight	3.7 kg
Color	White

Gross weight: 4090, Net weight: 3700, Box length: 55,50, Box width: 13,50, Box height: 34,50, GPSR

Link: https://psr-assets.innpro.pl/sport/sg_sport__exercise_machines.pdf

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