

MERACH MR- 2444 Adjustable Dumbbells, Set of 2



Model: MR-2444B1-EU

Manufacturer: MERACH

EAN: 5905156108936

Product Code: 1093014

R1,776

MERACH MR-2444 Adjustable Dumbbells (2-piece set)

The MERACH MR-2444 adjustable dumbbells allow you to quickly adjust the weight to suit the type of workout you're doing. Each of the two dumbbells allows you to adjust the weight from 1 to 4 kg, and the included 0.5 kg weight plates let you easily change the configuration as needed. This allows you to gradually increase the intensity of your workouts without having to buy several separate sets. The compact 35-cm design, non-slip handles, and a secure weight-locking system make this set ideal for daily workouts at home, as well as exercises at the gym or in the office.

Quick weight adjustment for various exercises

Each of the two dumbbells allows you to adjust the weight from 1 to 4 kg. The load is adjusted using 0.5-kg weight plates, so you can easily tailor the setup to the type of exercise you're doing and

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gradually increase the intensity of your workout. The maximum load is 4 kg per dumbbell, or 8 kg for the entire set. This design works well for both light strengthening exercises and more demanding strength training sessions.

Improved Weight Adjustment System

The MERACH MR-2444 features a special design that allows for quick weight changes. Adjustment is done by pressing the corresponding weight plate and sliding the end pieces together, allowing you to efficiently prepare the dumbbells for the next exercise. This lets you spend more time training and less time adjusting the weight configuration.

Secure grip and greater comfort during exercises

The handles are equipped with vertical non-slip strips that improve hand grip during exercises. This design increases control over the dumbbells and allows you to train comfortably even during more intense sessions. A stable grip also translates to greater comfort when performing a variety of full-body movements.

Safety During Every Workout

The dumbbells are equipped with a locking mechanism that prevents the weights from accidentally detaching during exercises. This allows you to focus on proper form without worrying about the stability of the load. This feature enhances safety regardless of your fitness level.

Durable Materials

The dumbbells are made from durable, wear-resistant, and odorless materials. Their sturdy construction withstands regular use while maintaining an attractive appearance for a long time.

Included in the set:

- Dumbbells x2

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Manufacturer	MERACH
Model	MR-2444B1-EU
Adjustment range per dumbbell	1 to 4 kg
Maximum load of the set	8 kg (2 × 4 kg)
Weight of a single weight plate	0.5 kg
Number of dumbbells in the set	2
Length	35 cm
Internal material	Steel
Handle diameter	11 mm
Handles	Yes
Color	Gray
Additional features	Non-slip handles, weight-locking mechanism, flat sides to prevent rolling, quick weight adjustment
Usage	Home workouts, gym, office, general fitness and exercise

Gross weight: 8660, Net weight: 7700, Box length: 38,50, Box width: 26,00, Box height: 14,50, GPSR

Link: https://psr-assets.innpro.pl/sport/sg_sport__exercise_machines.pdf

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