

MERACH MR- 2494B1 Exercise Reformer (Black)



Model: MR-2494B1-EU

Manufacturer: MERACH

EAN: 5905156108974

Product Code: 1093017

R1,700

MERACH MR-2494B1 Exercise Reformer (Black)

Regular home workouts often end up being limited to just a few basic exercises due to a lack of space for large equipment or machines that allow you to target different muscle groups. The MERACH MR-2494B1 is a multifunctional reformer with a detachable design that combines the functions of a Pilates board, an ab roller, push-up handles, a balance platform, a plank board, and resistance band training. With two assembly options, it allows you to perform both exercises targeting the abdominal muscles and full-body workouts. Its compact design means that after your workout, you can quickly fold it up and store it even in a small apartment.

One piece of equipment, many training possibilities

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Lack of variety is one of the most common reasons for a drop in motivation to exercise. The MERACH MR-2494B1 allows you to perform many types of workouts on a single device, making it easier to maintain consistency and gradually improve your fitness. The Reformer allows you to train your abs, arms, shoulders, lower back, legs, glutes, and the deep muscles responsible for body stability. It is ideal for Pilates, functional training, planks, balance exercises, and daily full-body strengthening sessions.

Movement support and greater control during exercises

The resistance system built into the guide rail uses a band with a force of approximately 6.8 kg, which assists movement during bending exercises. This solution makes it easier to maintain proper technique, improves control over the movement being performed, and increases training effectiveness. At the same time, it reduces the load on the joints, which is particularly important for people returning to physical activity or starting to train at home. The MERACH MR-2494B1 is equipped with a slide rail that ensures smooth operation and long-lasting performance. The automatic return and instant reset mechanism helps maintain smooth exercise flow without the moving parts getting stuck. Ergonomic handles provide a comfortable grip, and the soft EVA foam knee pad enhances comfort during supported exercises and protects the skin even during longer workouts.

Stability and safety at home

Exercises requiring balance and movement control should be performed on a stable surface. The device's design features a wide working surface that helps distribute forces evenly during training and reduces the risk of tipping. Six anti-slip elements are placed on the bottom of each section to increase grip on the floor. Additionally, quiet anti-slip pads and noise-reducing solutions have been incorporated, allowing for comfortable workouts even in an apartment.

Two assembly modes and quick configuration changes

Training needs change with your level of advancement and the type of exercises you perform. The MERACH MR-2494B1 offers two assembly modes that can be quickly switched depending on your planned workout. Switching between configurations is simple and requires no complicated steps, allowing the equipment to easily adapt to your current training goals. Additionally, thanks to its

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detachable design, the reformer can be folded up in just a few seconds. After finishing your workout, you can lean the unit against a wall, place it in a corner, or hang it, keeping your space tidy without taking up valuable room.

Included:

- Exercise reformer
- Seat cushion
- User manual

Manufacturer	MERACH
Model	MR-2494B1-EU
Assembly modes	2
Functions	Pilates board / Ab roller / Push-up handles / Balance exercise platform / Plank board / Resistance band training
Targeted muscle groups	Abdomen, arms, shoulders, lower back, legs, glutes
Resistance band tension	Approx. 6.8 kg
Mechanism	Automatic return and instant reset
Noise reduction	Yes
Maximum user weight	120 kg
Dimensions	850 x 147 x 155 mm
Weight	2.4 kg

Gross weight: 3130, Net weight: 2400, Box length: 86,50, Box width: 12,00, Box height: 18,00, GPSR
Link: https://psr-assets.innpro.pl/sport/sg_sport__exercise_machines.pdf