

MERACH MR- 2354B2 Stepper (Black)



Model: MR-2354B2-EU

Manufacturer: MERACH

EAN: 5905156105768

Product Code: 1094702

R2,055

MERACH MR-2354B2 Stepper (black)

The MERACH MR-2354B2 is a compact, simple stepper with resistance bands that allows you to combine lower and upper body workouts. The 2-in-1 design enables simultaneous leg and arm exercises, and the included resistance bands expand your workout options without taking up extra space at home. The device measures 41 x 34.7 x 19 cm, weighs 6.5 kg, and supports a weight capacity of up to 150 kg, making it suitable for a wide range of users. The built-in LCD display shows workout time, step count, calories burned, and a scan function in real time, making it easy to track your progress.

Full-Body Workout

The stepper is equipped with resistance bands that allow you to incorporate your arms and upper body into your workout. This means you can simultaneously work on your legs, arms, and overall fitness during a single session. The bands can be removed at any time, allowing you to adapt the

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machine to your current needs and preferred exercise style.

Design supporting intense training

The stepper's twisting motion engages more muscle groups during exercise, allowing for a more comprehensive workout. This form of movement promotes intense full-body engagement and helps increase the effectiveness of daily workouts. It's a practical solution for those who want to train at home in a small space.

Adjustable height tailored to the user

The adjustable step height allows you to customize the machine's operation to your preferences. The stepper is suitable for people between 1.45 m and 1.88 m tall, making it comfortable for a wide range of users. The non-slip surface increases stability during exercise and improves workout comfort.

Durable hydraulic mechanism

The device uses a hydraulic cylinder with a lifespan exceeding 16,000 uses. This design ensures smooth operation of the stepper and allows for regular use during home workouts. Its sturdy construction and maximum load capacity of 150 kg confirm its durability.

Track your results on the LCD display

The easy-to-read LCD monitor lets you conveniently track key workout data. The screen displays exercise time, number of steps, calories burned, and a scan function that automatically cycles through the various metrics. This allows you to monitor your activity in real time and better plan your next workouts.

Included:

- Stepper
- Resistance band x2
- User manual

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Manufacturer	MERACH
Model	MR-2354B2-EU
Type	Straight stepper with cables
Type	2-in-1 mini stepper
Maximum user weight	150 kg
User height	From 1.45 m to 1.88 m
Measurements	Workout time, number of steps, calories burned
Display	LCD
Additional features	Non-slip surface, adjustable step height, detachable resistance bands, swivel design, hydraulic cylinder with a lifespan of over 16,000 uses
Length	41 cm
Width	34.7 cm
Height	19 cm
Weight	6.5 kg
Color	Black

Gross weight: 7550, Net weight: 6500, Box length: 40,50, Box width: 33,50, Box height: 18,50, GPSR

Link: https://psr-assets.innpro.pl/sport/sg_sport__exercise_machines.pdf

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