

MERACH MR-E32B1 mini elliptical trainer (black)



Model: MR-E32B1-EU

Manufacturer: MERACH

EAN: 5905156103535

Product Code: 1283052

R3,327

MERACH MR-E32B1 mini elliptical trainer (black)

The MERACH MR-E32B1 is a modern mini elliptical trainer for under your desk, combining quiet operation (15 dB), compact dimensions (45.5 × 39.1 × 24.4 cm), low weight (7.0 kg), and as many as 24 training programs (12 automatic and 12 manual). Equipped with a 50 W motor, 100–240 V power supply, and an automatic shut-off function after 15 minutes, it ensures safe and stable training at home or in the office. The intuitive control panel and remote control allow you to adjust the parameters without bending down, and additional resistance bands allow you to train your upper body at the same time. It is the perfect solution for people who work at a desk, seniors, and anyone who wants to stay active without leaving home.

Silent training - only 15 dB

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Thanks to its advanced, commercial-grade motor, the device operates almost silently. With a noise level below 15 dB, you can exercise while working, watching TV, or even when other household members are resting. The smooth, stable operation of the mechanism translates into comfort of use and no annoying vibrations.

24 programs - full control of pace and intensity

The MERACH MR-E32B1 offers 12 automatic modes (P1-P12) with intelligent speed changes every 15 minutes and 12 manual modes with adjustable levels (1-12). You can adjust the pace to suit your needs – from gentle muscle activation while working at your desk to more intense training to improve your fitness and burn calories. This is equipment that grows with your fitness level.

Control without bending down - convenience and ergonomics

The clear display shows time, distance, number of steps, and calories burned, and the included remote control allows you to change settings from a seated position. You don't have to interrupt your work or change position to adjust the intensity of your workout. This is especially important for older people and users who care about the comfort of their spine.

Compact size, minimal space - only 0.18 m²

The device takes up only 0.18 m² of space, so it fits easily under a desk, next to a sofa, or in a bedroom. Its low weight (7 kg) makes it easy to move between rooms. No assembly required – just take it out of the box and start training right away.

Full-body workout - more than just a mini elliptical trainer

The set includes resistance bands that allow you to exercise your arms and shoulders at the same time. Adjustable foot straps increase stability during movement, and a PVC mat protects the floor and improves the grip of the device. It is a comprehensive solution for people who want to strengthen their legs, improve circulation, and take care of their upper body at the same time.

Energy-efficient and safe for everyday use

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The 50 W motor consumes less than 1 kWh per day, making the device economical to operate. Automatic shutdown after 15 minutes increases safety, and the 100-240 V power supply allows you to use it in a variety of conditions. The stable construction and non-slip platforms ensure confidence in every movement.

Included:

- MERACH MR-E32B1 mini electric elliptical trainer ×1
- Remote control ×1
- AAA batteries ×2
- Power cord ×1
- Resistance bands ×2
- Foot straps ×2
- Lubricant ×1
- PVC protective mat ×1
- User manual ×1

Manufacturer	MERACH
Model	MR-E32B1
Device type	Electric mini elliptical trainer for under your desk
Device dimensions	45.5 × 39.1 × 24.4 cm
Usable area	0.18 m²
Net weight	7.0 kg
Rated power	50 W
Power supply	100-240 V
Noise level	15 dB
Training modes	24 programs (12 automatic + 12 manual)
Automatic modes	P1-P12 with intelligent speed control
Manual modes	Levels 1-12

Automatic shut-off time 15 minutes

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Display	Digital LCD – time, distance, steps, calories
Controls	Control panel + remote control
Type of movement	Smooth, elliptical, low-impact
Energy consumption	1 kWh per day
Design	Compact, stable, no assembly required

Gross weight: 8330, Net weight: 7000, Box length: 48,00, Box width: 42,00, Box height: 28,00, GPSR

Link: https://psr-assets.innpro.pl/sport/sg_sport__exercise_machines.pdf

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