



Hama 4000 4.19 cm (1.65") TFT 46 mm Digital Touchscreen Black



Model: 001786400000

Manufacturer: HAMA

EAN: 4047443543394

Product Code: 1410866

R1,086

Job, family, sport - the "4000" smart watch is a true all-rounder. Have appointments and messages on your wrist at all times, keep an overview, bring more momentum into your everyday life and keep an eye on your health. Just get through the day smart!

Large TFT full-touch display

Swipe like on a smartphone: user-friendly, full-colour 1.65" full-touch TFT display for a quick overview of all functions

Discreet design

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Designed for the challenges of everyday life: job, family, sport - the sporty yet discreet fitness watch handles anything that the day brings

Smart watch with phone function

Easy telephoning: make and accept calls on the watch - spontaneous hands-free talking without a mobile phone, e.g. when cooking, doing sports, on the move

Control the voice assistant

Voice assistant: start calls, answer messages or ask Siri and Google Assistant from your wrist - the smart watch accesses the mobile phone's voice assistant directly

Read notifications and messages

Vibration and display indication: read WhatsApp messages directly on the smart watch - also e-mails, Instagram, etc.

Water-tight thanks to IP68 protection class

Whether it's raining or in the pool: waterproof smart watch with IP68 protection class suitable for many activities in and around water - whether swimming, snorkelling or sailing

Sport types to choose from

Strength training, tennis or yoga: choose from 100 types of sport and obtain an analysis based on your choice

VO2max, aerobic training effect and recommended recovery time

Train effectively: maximum oxygen uptake (VO2max), aerobic training effect and recommended recovery time form a solid data basis for planning, analysing and optimising individual training

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Measures heart rate, SpO2, steps, calories

Pulse watch with many measurements: including heart rate at rest and during sleep, stress level, blood oxygen measurement, calories burned, pedometer

Sleep analysis

With sleep tracker: monitors light and deep sleep, REM (dream sleep) and waking phases - plus score to evaluate sleep quality

Music control

Power up with sound: control music from the smartphone via the fitness watch, e.g. Start/Stop, next track and previous track, including Spotify

Quality assurance-tested app

Every function tested: the "Hama FIT Move" app has been quality-assured in Germany

Up to 7 days runtime

One battery charge is enough: 5 to 7 days' runtime depending on usage - fully charged again after 2.5 hours

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