

Hama One Smart ring activity tracker IP68 Silver



Model: 00178650

Manufacturer: HAMA

EAN: 4047443555892

Product Code: 1604655

R3,628

Smart ring with notification

Unobtrusively up to date: vibrations indicate incoming calls, messenger apps, reminders, wake-up calls or unusual readings – settings are customisable

Intuitive smart ring app

Easy to use: the "Hama Active" smart ring app provides a quick overview of, for example, health data and sleep quality — data that brings clarity

Quality assurance-tested app

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

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This is an app you can rely on: "Hama Active" is quality assurance-tested and every function has been extensively checked in Germany

Minimalist, timeless design

Elegant look, robust stainless steel: elegant smart ring in silver with a high-quality shiny finish - also fits the deliberately analogue style without a smart watch, perfect for everyday wear and sports

Sleep ring with analysis

Smart ring with sleep measurement: monitors light and deep sleep, REM (dream sleep) and waking phases - with sleep quality assessment

Heart rate, SpO2, VO2max, heart rate variability, steps

Pulse ring with many measured values: including heart rate (active, resting, sleep), blood oxygen, max. oxygen uptake, heart rate variability, pedometer, calorie consumption

Calculation of training readiness

Understand your body, train better: sleep quality, heart rate variability, blood oxygen, temperature and stress form the recovery score - better plan, analyse and optimise work, training and recovery

Sport types to choose from

Strength training, tennis or yoga: choose from 120 types of sport and obtain an analysis based on your choice

Measures the temperature

Recognise fever earlier: the fitness ring measures skin temperature and provides early indications of an elevated temperature

Water protection to IP68 and 5 ATM

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Whether jogging in the rain, showering or swimming in the lake: the smart ring is water-resistant to IP68 and 5 ATM and is suitable for many activities in rain or snow

Relaxed charging in the charging case

Even the storage is smart: conveniently recharge the smart ring via the magnetic charging tray - to 100 per cent for up to 4 days' run time in under 2 hours

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