

## **SMARTWATCH AMAZFIT BALANCE/A2287 GREY W2286GL1G HUAMI**



Model: W2286GL1G

Manufacturer: HUAMI

EAN: 6972596107446

Product Code: 193783

## **R6,059**

### **Balance in Every Beat**

Find harmony in life, work, body & mind.

This is your guide. This is Balance.

### **WELLNESS OF BODY & MIND**

Mental & Physical Readiness Analysis

Body Composition Measurement

Chat AI Sleep & Fitness Coaching

### **ZEPP OS 3.0**

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150+ Downloadable Apps  
Connect to Workout Devices  
Enhanced Smartphone Compatibility

### **INDUSTRY-LEADING GPS ACCURACY**

Dual-band GPS & Route Navigation  
6 Satellite Positioning Systems

### **ULTIMATE LIFESTYLE PARTNER**

Bluetooth Phone Calls  
Zepp Pay Contactless Payment  
Amazon Alexa Built-in

### **AI-POWERED FITNESS COACH**

Zepp Coach™ Personalized Training  
150+ Sports Modes

### **SLEEK & CLASSIC DESIGN**

Large 1.5" HD AMOLED Display  
200+ Watch Faces

### **ULTRA-LONG BATTERY LIFE**

14 Days with Typical Usage  
5 Days with AOD Mode

### **Fast, Secure, and Convenient Transactions.**

Thanks to a partnership between Amazfit and Mastercard, along with the integration of NFC technology, Zepp Pay allows you to bind up to eight bank cards at a time to your Amazfit Balance, for password-protected contactless payment directly from your wrist.

### **YOUR PATH TO BALANCE BEGINS HERE.**

Success today is built on the foundations you laid yesterday. To achieve all you're capable of, you need to strike the right balance between activity and recovery.

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## **Welcome to Wellness.**

Wear your Amazfit Balance while you sleep, and in the morning, you'll get a Readiness score that indicates how mentally and physically recharged you are for the new day.

Readiness scores are generated based on data like your sleep resting heart rate and sleep heart rate variability, breathing quality, and temperature.

Check your scores from the past week to see if there's any big-picture issues you should be mindful of.

## **Your Insightful**

### **Life Coach.**

Feeling out of balance this morning? Understand why, by checking your Readiness insights in the Zepp App.

Generated using a Knowledge Base developed by a team of sleep health experts, the insights make it easier to understand your Readiness score and come with practical guidance to help you regain your balance.

## **Your Body, Your Rhythm.**

### **Perfect Harmony.**

Got too much on your mind to fall asleep? The key to a great Readiness score in the morning is high quality rest the night before - and that's where Zepp Aura comes in.

Found in the Zepp App, this sleep and relaxation service uses AI to create customized music that helps you fall asleep faster and improve your sleep quality.

The sounds intelligently adjust based on real-time biometric data picked up by your Amazfit Balance, to find what works uniquely well for you.

Empowered by AI and patented core technology, Zepp Aura also provides expert tips, detailed sleep reports and powerful insights.

Along with sleep sounds, Zepp Aura helps you rediscover your inner balance with soundscapes dedicated to meditation and relaxation.

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## **Your Personal Sleep Coach.**

Become a premium subscriber of Zepp Aura, and enjoy access to your very own sleep coach. This AI chatbot uses Large Language Models (LLM) to constantly improve its communication in order to answer your questions about sleep and wellness, and proactively prepare daily, weekly and monthly analysis of your sleep.

## **Embrace Mindfulness.**

Mental burdens like work-related stress may lead to lower Readiness scores. The Amazfit Balance has a wealth of features to help you calm your mind and avoid overthinking.

Take a breath with exercises designed to help you relax or focus, center yourself with downloadable Meditation app, or try your hand at Yoga.

## **Understand Your Body, Better Than Ever.**

With the Amazfit Balance, you can quickly and easily measure eight upper body composition metrics from your wrist.

Pair the watch with the Amazfit Body Composition Analyzer Mat, which measures these same metrics in your lower body, to understand the balance of your full body composition with even greater precision.

## **Make Your Goals a Reality.**

When race day is getting closer, check your Race Achievement Predictions in the Zepp App to see how you're likely to perform.

## **Intelligence in Action.**

Strength Training mode can auto-detect 25 exercise types and intelligently track your reps, sets and rest time. Check the Zepp App when you're done for a training log of everything you hit during your session.

Set the watch to auto-detect eight sports movements, and you'll be able to spring into action quickly, without scrolling through menus.

Get your sports mode data broadcast in real-time via the built-in speaker or your Bluetooth

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headphones, and you won't even need to raise your wrist to check your performance.

### **It's About the Journey.**

Utilizing L1 and L5 signals from six satellite positioning systems, the circularly-polarized GPS antenna found in the Amazfit Balance tracks your GPS movement with incredible precision - even between the skyscrapers of the city center.

By reducing environmental and multi-path interference, the antenna is able to pick up 100% of satellite signals - twice as many as a regular GPS antenna.

### **Precise Route Navigation.**

Import a route file from the Zepp App, and navigate your way through the city with incredible precision.

### **Share Your Activity.**

Sync activity data to fitness apps like adidas Running, Strava, komoot, Relive, Apple Health and Google Fit, via the Zepp App.

### **Your Playlist on Your Wrist.**

Store audio files on the watch, and listen to your favorite podcast on the way to the office, or your workout playlist at the gym.

### **Connect to Workout Devices.**

Connect the watch to a heart rate belt or cycling power meter, thanks to the immense Bluetooth connectivity of the Zepp OS 3.0.

### **PeakBeats™: Balance Performance and Recovery.**

Make sure your performance, improvement and recovery are in-sync, with a post-workout summary of specialized data.

### **Reliable and Accurate Health Tracking.**

Thanks to the energy-efficient Zepp OS 3.0 and the enhanced dual-LED and 8PD BioTracker™ 5.0,

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the Amazfit Balance can provide more accurate monitoring of vital health metrics for longer.

**DESIGNED TO SERVE,  
CREATED TO INSPIRE.**

Perfectly balance fashion and function - whether you're gearing up for a workout, suiting up for the office, or dressing to impress on a night out.

**Focus on the Bigger Picture.**

Decorated with an industry-leading anti-glare glass bezel, the enlarged HD AMOLED display will help you outshine the competition in the corporate world and beyond. A visual breakthrough for round smartwatches, the Amazfit Balance has a higher screen-to-body ratio than even many square models.

**ACHIEVE THE ULTIMATE WORK-LIFE BALANCE.**

More than a smartwatch, the Amazfit Balance is the catalyst that keeps you mindful of the moment, as you find your perfect rhythm and unleash your potential.

**Personalization and Optimization, In-sync.**

Grid View or List View? The Zepp OS 3.0 allows unprecedented levels of customization. Set your watch up in a way that's unique to you.

**Make and Take Bluetooth Phone Calls.**

Via Bluetooth connection to your phone, the Amazfit Balance can be used to make and answer calls.

Android users can even send preset quick replies to received calls and SMS messages, along with instant message notifications from WhatsApp, Line, Facebook Messenger, Telegram, Skype and Snapchat.

**The Balance of Power is in Your Hands.**

The Amazfit Balance is energized and ready to help you power you through all your wellness, sports, professional and personal goals for up to two weeks at a time.

**Connect to the Zepp App.**

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Compatible with iOS and Android devices, the Zepp App conducts health and fitness data analysis, features watch face and app stores, provides system updates for your watch, and much more. You can even synchronize your phone's Do Not Disturb mode to the watch when you need some peace and quiet.

Summary: Amazfit Balance. Display diagonal: 3.81 cm (1.5"), Display technology: AMOLED, Display resolution: 480 x 480 pixels, Touchscreen. Wi-Fi. GPS (satellite). Battery capacity: 475 mAh. Weight: 35 g. Band colour: Multi | Vendor Homepage: [https://uk.amazfit.com/products/amazfit-balance?\\_pos=1&\\_sid=a115deb3c&\\_ss=r&variant=44515948593365](https://uk.amazfit.com/products/amazfit-balance?_pos=1&_sid=a115deb3c&_ss=r&variant=44515948593365) | Colour display: Yes | Display diagonal: 1.5 | Display resolution: 480 x 480 | Display technology: AMOLED | Display type: Digital | Pixel density: 323 | Touchscreen: Yes | Band colour: Multi | Built-in camera: No | Built-in microphone: No | Built-in speaker(s): Yes | Closure type: Magnetic | Colour name: Sunset Grey | FM radio: No | Magnetic charging connector: Yes | Market positioning: Smartwatch | Mobile operating systems supported: Android/iOS | Shape: Round | Watch case colour: Grey | Watch case material: Aluminium, Polymer | Watch case size: 46 | Water resistance: 5 | Wrist size range: 150 - 220 | Activity tracker: Yes | Alarm clock: Yes | Ambient light sensor: Yes | Blood oxygen sensor: Yes | Blood pressure monitor: Yes | Call notifications: Yes | Clock mode: 24h | Distance travelled: Yes | Find my phone function: Yes | Geomagnetic sensor: Yes | Gyroscope: Yes | Heart rate measuring: Manual | Heart rate monitor: Yes | Music control: Yes | Music player: Yes | Pedometer: Yes | Personal goals: Yes | Personal info management (PIM): Events reminder | Quality of sleep: Yes | Recommended activity: Badminton/Baseball/Basketball/Boxing/Climbing/Cycling/Darts/Fishing/Fitness/Golf/Gymnastics/Hiking/Hockey | Skin temperature sensor: Yes | SMS notifications: Yes | Stopwatch: Yes | Stress monitoring function: Yes | Supported applications: Zepp App | Timer: Yes | Weather display: Yes | GPS (satellite): Yes | Mobile network connection: No | Bluetooth: Yes | Bluetooth version: 5.0 | Headphone connectivity: Bluetooth | Near Field Communication (NFC): Yes | USB port: No | Wi-Fi: Yes | Battery capacity: 475 | Battery life: 14 | Battery life (GPS mode): 52 | Battery life (max): 1200 | Battery life (power save mode): 336 | Battery type: Built-in battery | Charging time: 2 | Band width: 20 | Depth: 46 | Thickness: 10.6 | Weight: 35 | Width: 46 | Charger: Yes | Manual: Yes | Model name: Amazfit Balance | Units per Pallet: 0 | Units per Shipping Box: 30 | Unit Calculated Volume: 0.001654 | Unit Calculated Weight: 0.327

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