



Garmin Instinct 3 3.05 cm (1.2) AMOLED 45 mm Digital 390 x 390 pixels Black GPS (satellite)

Model: 010-02936-03

Manufacturer: GARMIN

EAN: 753759357139

Product Code: 418108

R8,600

Manual: Yes | Display technology: AMOLED | Calories burned: Yes | Battery technology: Lithium-Ion (Li-Ion) | Maximum memory card size: 4 GB | Dimensions (WxDxH): 45 x 14.9 x 45 mm | Market positioning: Smartwatch | Weight: 53 g | Battery type: Built-in battery | Display resolution: 390 x 390 pixels | Bluetooth: Yes | Display type: Digital | Distance travelled: Yes | Heart rate monitor: Yes | Wrist size range: 137 - 204 mm | GPS (satellite): Yes | Battery life (max): 432 h | Backlight: Yes | Display diagonal: 3.05 cm (1.2") | Workout tracking: Yes | Accelerometer: Yes | Band colour: Blue | Timer: Yes | Band colour: Black | Watch case size: 45 mm | Battery life: 25 h | Watch case colour: Black | Watch case material: Aluminium, Glass Fiber Reinforced Polymer (GFRP) | Colour display: Yes | Blood oxygen sensor: Yes | Band material: Silicone | Stress monitoring function: Yes | Galileo: Yes | Recommended activity: Running | Recommended activity: Volleyball | Recommended activity:

Boxing | Recommended activity: Riding | Accessibility features: Accessibility Shortcut |

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

Recommended activity: Yoga | Recommended activity: Rowing | Recommended activity: Hunting | Recommended activity: Hockey | Recommended activity: Motor sports | Recommended activity: Baseball | Recommended activity: Football | GLONASS: Yes | Recommended activity: Snowboarding | Gyroscope: Yes | Recommended activity: Pilates | Thermometer: Yes | Recommended activity: Stair stepper | Battery life: 18 day(s) | Recommended activity: Triathlon | Recommended activity: Surfing | ANT+ enabled: Yes | Interval training: Yes | Fall detection: Yes | Recommended activity: Climbing | Recommended activity: Badminton | Personal info management (PIM): Calendar | Personal info management (PIM): Events reminder | Alarm clock: Yes | BeiDou: Yes | Recommended activity: Fishing | Recommended activity: HIIT | Recommended activity: Skiing | Recommended activity: Elliptical | Recommended activity: Cycling | Recommended activity: Hiking | Recommended activity: Basketball | Recommended activity: Tennis | Recommended activity: Walking | Quasi-Zenith Satellite System (QZSS): Yes | Recommended activity: Swimming | Recommended activity: Golf | Shape: Round | Electronic compass: Yes | Supported applications: Toe-to-Toe™ Challenges, Garmin Messenger, GameOn, Garmin Golf | Foot pod: Yes | Battery life (GPS mode): 32 h | Multisport mode: Yes | Fitness test: Yes | Smart notifications: Yes | Sun & moon information: Yes | Area calculation: Yes | Recovery time suggestion: Yes | Activity monitoring: Yes | Keypad lock: Yes | Lens material: Glass | Race predictor: Yes | Running dynamics: Yes | Music control: Yes | Quality of sleep: Yes | Virtual racer function: Yes | Heart rate contact sensors: Yes | Virtual pacer function: Yes | Display size (HxV): 30 x 30 mm | Water resistance: 10 ATM | Training effect measurement: Yes | Weather forecast: Yes | Find my phone function: Yes | Activity tracker: Yes | Stopwatch: Yes | Sports activity apps: Connect IQ | Real-time guidance: Yes | Automatic daily activity detection: Yes | Chest strap: Yes | Barometric altimeter: Yes | Advanced workouts: Yes | Automatic pause: Yes

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

itworkup.co.za | sales@itworkup.co.za | +27 (11)541-9950