

**Garmin Instinct
3 AMOLED 3.05
cm (1.2) 45 mm
Digital 390 x
390 pixels
Touchscreen
Black GPS
(satellite)**



Model: 010-02936-00

Manufacturer: GARMIN

EAN: 753759339487

Product Code: 788728

R8,115

Watch case colour: Black | Display diagonal: 3.05 cm (1.2") | Watch case size: 45 mm | Bluetooth: Yes | Watch case material: Glass Fiber Reinforced Polymer (GFRP) | Heart rate monitor: Yes | Thickness: 1.49 cm | Market positioning: Sport watch | Thermometer: Yes | Distance travelled: Yes | Blood oxygen sensor: Yes | Stress monitoring function: Yes | Manual: Yes | Calendar: Yes | Battery type: Built-in battery | Closure type: Single prong strap buckle | Display type: Digital | Shape: Round | Display resolution: 390 x 390 pixels | Alarm clock: Yes | Battery technology: Lithium-Ion (Li-Ion) | Display technology: AMOLED | GLONASS: Yes | Calories burned: Yes | Width: 45 mm | Pedometer : Yes | Flash memory: 4 GB | Buckle colour: Black | Sun & moon information: Yes | GPS (satellite): Yes |

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices

may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or

typographical errors. We recommend checking the current information before purchasing.

itworkup.co.za | sales@itworkup.co.za | +27 (11)541-9950

Personal goals: Yes | Colour display: Yes | Mobile operating systems supported: iOS | Maximum strap length: 20.4 cm | Depth: 45 mm | Touchscreen: Yes | Alarm clock: Yes | Band material: Silicone | Mobile operating systems supported: Android | Battery life (power save mode): 576 h | Galileo: Yes | Gyroscope: Yes | Weight: 53 g | Accelerometer: Yes | ANT+ enabled: Yes | Barometric altimeter: Yes | Battery life: 18 day(s) | Charger: Yes | Band colour: Black | Timer: Yes | Breathing exercises : Yes | Weather alert: Yes | Stopwatch: Yes | Electronic compass: Yes | Always-on display: Yes | Find my phone function: Yes | SatIQ™ technology: Yes | Quality of sleep: Yes | Recovery time suggestion: Yes | Training effect measurement: Yes | Water resistance: 10 ATM | Lens material: Glass | Multisport mode: Yes | Race predictor: Yes | Battery life (GPS mode): 32 h | Real-time guidance: Yes | LED torch: Yes | Suggested gender: Any gender | Activity tracker: Yes | Sleep apnea detection: Yes | Running dynamics: Yes | Virtual partner function: Yes

The product information provided is for reference purposes only. Technical specifications, photos, descriptions and prices may change without prior notice. The manufacturer and seller are not responsible for possible data discrepancies or typographical errors. We recommend checking the current information before purchasing.

itworkup.co.za | sales@itworkup.co.za | +27 (11)541-9950