

MERACH MR- 2448B1 Stepper



Model: MR-2448B1-EU

Manufacturer: MERACH

EAN: 5905156109483

Product Code: 975833

R2,791

MERACH MR-2448B1 Stepper

The MERACH MR-2448B1 Stepper is a compact exercise machine designed for people who want to improve their fitness, increase their physical activity, and tone their bodies at home. The model features 3 levels of resistance adjustment, 3 handle height settings, and an ergonomic stride length of approximately 34 cm, which ensures natural movement during exercise. The wide pedal spacing of approximately 45 cm enhances comfort, and the sturdy steel frame with a maximum weight capacity of 150 kg ensures stability during your workout. An additional advantage is the display that monitors basic workout parameters and the foldable design, which allows the machine to be easily stored after your workout.

Full Lower-Body Workout in One Machine

Exercising on the stepper primarily engages the leg and gluteal muscles, as well as the muscles responsible for body stability. The motion, which mimics climbing stairs, allows for an effective cardio workout without putting excessive strain on the joints. Regular use of the machine helps

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improve cardiovascular fitness, increase endurance, and boost calorie burning. It's the perfect solution for those who want to exercise at their own pace, regardless of the weather or gym availability.

Adjustable resistance tailored to your fitness level

The MERACH MR-2448B1 offers 3 levels of resistance adjustment, allowing you to tailor your workout to your individual needs. Lower settings are ideal for gentle cardio exercises or warm-ups, while higher resistance lets you increase intensity and muscle engagement. The ability to gradually increase the difficulty level means the machine can accompany the user for a long time, even as their fitness improves. This is a practical solution for both beginners and more active users.

Comfortable Adjustment to the User's Height

The stepper is equipped with handles that are height-adjustable in 3 levels, allowing for better adaptation to the user's height. Proper handlebar positioning helps maintain a natural body posture during training and enhances comfort. The stable and ergonomic design provides secure support for the hands, making it easier to maintain balance during exercise. This makes workouts more comfortable, even during longer sessions.

Ergonomic design for greater comfort

The stride length of approximately 34 cm is designed to ensure smooth and natural movement during exercise. The wide pedal spacing of approximately 45 cm increases stability and allows you to adopt a comfortable position regardless of your body type. This design translates to greater comfort during daily workouts. Proper ergonomics also help maintain correct exercise form.

Sturdy Steel Frame and High Durability

The stepper's frame is made of durable, extra-thick steel, ensuring the machine remains stable even during intense workouts. With a maximum weight capacity of 150 kg, the equipment can be used by a wide range of people. Its solid construction ensures greater durability and resistance to daily use. This is an investment in equipment that will serve you for a long time.

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Safe for Daily Use

Non-slip pedals provide secure footing and help maintain stability during workouts. Special pads on the base protect the floor from scratches and minimize vibration transfer. This means the machine can be used both in an apartment and at home without worrying about damaging the floor. The stable design allows you to focus on your workout without unnecessary distractions.

Smooth Mechanism Operation

The stepper uses a system of cables and guide rollers that ensure the pedals move evenly. This design ensures smooth operation and comfort during your workouts. The reinforced structural components are designed for regular use and high durability. This ensures that every workout proceeds smoothly and without unnecessary interruptions.

Manufacturer	MERACH
Model	MR-2448B1
Device type	exercise stepper
Resistance adjustment	3 levels
Handle height adjustment	3 levels
Stride length	34 cm
Pedal width	45 cm
Maximum load	150 kg
Non-slip pedals	yes
Foldable design	yes
Frame material	steel
Dimensions when unfolded	97 × 56 × 121-131 cm
Dimensions when folded	56 × 56 × 118 cm
Color	black with blue accents

Gross weight: 13560, Net weight: 12200, Box length: 99,50, Box width: 57,50, Box height: 14,50,

Last delivery: 07.09.2026, GPSR Link: <https://psr->

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